

**PRESCHOOL:** Elizabeth Grove Children's Centre has a Preschool Program which operates Monday to Thursday 8.45am – 2.45pm. Children who turn 4 before May 1st are eligible to attend preschool from the beginning of the year. Please call the Children's Centre for more information or to arrange a visit.

**OCCASIONAL CARE:** A 3 hour session of care for parents of children up to school age. Friday's 8.30 – 11.30am. Cost of the session is \$5 or \$1.50 if you have a Health Care Card. Bookings are essential. Please call the Children's Centre for more information or to arrange a visit.

**PLAY2LEARN PLAYGROUP:** A playgroup for parents of children birth to 2 years facilitated by save the children; Playgroup is run in the Children's Centre on Monday's during school terms.

**LEARNING TOGETHER PLAYGROUP:** For children birth to four years; Playgroup is run in the Nature Play Yard of the Elizabeth Grove Primary School, are free and there is no need to book. Please bring a piece of fruit for fruit sharing.

**MUSIC AND MOVEMENT:** Is for children up to five years. Sessions run every week during the school term by Lesley from the Learning Together Program.

**WOMENS WELLNESS:** A group for women to come together, share stories, concerns and support one another in a safe environment. The group is women lead with activities, conversation and fun.

**SING AND GROW:** A music and movement program from families with young children. Come and enjoy instruments, activities and singing. Facilitated by a trained music therapist.

**MY TIME:** Support program for parents/carers of children birth to 16 years who have a chronic medical condition, disability or developmental delay. Lunch is provided during the sessions which are planned around the needs of the participants. Crèche is provided if required. Booking essential.

**NORTHERN MIDWIFERY GROUP PRACTICE:** Midwives from Lyell McEwin provide Antenatal health check to pregnant women on a referral basis only. The outreach clinic operates from the Children's Centre on Monday's and Fridays when required by midwife staff.

**POSITIVE PARENTING:** 3 workshops for parents/cares of children 3-12 years. Topics include raising confident and resilient children.

**POP UP OP SHOP:** An on site op shop for families to purchase quality goods. Nothing over \$5. Run by Lutheran Community Care.

**PARENT FIRST AID:** Basic first aid for parents of young children looking at "what happens at home when my child does". Topics include choking, burns, bites and stings and blood noses. Session run by a qualified first aid professional. This is a non accredited course. Booking fee of \$5 is due before program begins to secure a place

**Visit our website**  
[www.egcc.sa.edu.au](http://www.egcc.sa.edu.au)



## **"WHAT'S ON" PROGRAM FOR PARENTS—Term 4 2018**



# Elizabeth Grove Children's Centre

Phone: 8255 7515



### PRESCHOOL SESSIONS

Monday—Thursday 8:45am-2:45 pm  
Contact 8255 7515 to organise a visit



### OCCASIONAL CARE SESSION

Short term care for children under school age  
Friday sessions available 8.30am—11.30am  
Contact 8255 7515 to organise a visit

## MONDAY

### PLAY2LEARN PLAYGROUP

Supported Playgroup for parents and children birth—2years.

*During school terms*  
**Oct 15th—Dec 10th**  
**1.30pm—3pm**  
*Held in the Children's Centre*

Contact Christie on 8255 7515 to book a place or for more information



### Northern Area Midwifery Group Practice Clinic

Weekly



Monday's and Friday's Only

9am—3pm

BY REFERRAL ONLY

## TUESDAY

### WOMENS WELLNESS

A space for women to come together, chat and have fun.

**Oct 16th—Dec 11th**  
**9am—11am**  
*In the Children's Centre*

Contact Christie on 82557515 for more information.

### MY TIME

MY TIME is a program for mums, dads, grandparents and anyone caring for a child under 16 with a disability or chronic medical condition.

A time to relax and connect with others.  
Lunch provided

**Oct 16th—Dec 4th**  
**Tuesdays 12.30-2.30pm**  
**Community Room**  
**Elizabeth Grove Primary**

Free crèche (0-5 years)

Bookings essential.  
Contact Keryn Baker on  
**0414 912 816**



## WEDNESDAY

### LEARNING TOGETHER MUSIC AND MOVEMENT

*Every Wednesday during school terms*  
**Oct 17th —Dec 12th**  
**1pm—2pm**

A musical playgroup for families with children aged 1 to 5 to spend time dancing, singing, playing instruments and having fun.

Contact Christie on 82557515 for more information.

### PARENT FIRST AID

First Aid for Parents and Carers of children birth to 12 years  
"What do I do" when this happens!

**Wednesday October 31st**  
**9.30am-11am**  
**Elizabeth Grove Children's Centre**

Bookings are essential, Places are limited  
COST: A cost of \$5 to book a place is required  
Sorry, NO Child minding available

## THURSDAY

### POSITIVE PARENTING

A series of 3 workshops to support parents to raise confident children.

**Thursday's**  
**22nd Nov—6th Dec**  
**9.30am-11.30am**  
**Sessions held in the school Community Room**

Facilitated by the Positive Parenting Team.

Bookings Essential  
Contact Christie on 8255 7515 for more information.

### POP UP OP SHOP

**Thursday 15th November**  
**(Sports Day)**  
**8.30am—1.30pm**  
**(unless sold out)**  
**Elizabeth Grove Primary School Community Room.**

Nothing over \$5  
Run by Lutheran Community Care.

Call Christie on 8255 7515 for more information

## FRIDAY

### LEARNING TOGETHER PLAYGROUP

*Every Friday during school terms*  
**Oct 19th—Dec 14th**  
**9am-10.30am**

FREE for parents/carers and children 0-5 years of age.

Join in a range of fun experiences in the Nature Play Area of the Elizabeth Grove Primary School.

Contact Christie on 8255 7515 for more



### SING AND GROW

A music and movement program run by a music therapist.

**Friday's**  
**19th Oct—14th Dec**  
**9:30am—10.30am**  
**No group Nov 16th**  
**Elizabeth South Primary School Library.**

Call Christie on 8255 7515 to book a place or for more information

## INFO

If you would like to see a program run in the centre, please speak to Christie in the Children's Centre on 8255 7515

### 2019 PRESCHOOL ENROLMENTS.

Does your child turn 4 before April 30th?  
Enrol Now for preschool for 2019.  
Please call the Children's Centre on 8255 7515 to register your child for 2019

All programs are free to families, unless indicated with a cost. Please note that some programs have limited places  
Please book by calling Christie on 82557515

